

Varicose and Spider Vein Symptom Checklist



Varicose vein appearance and symptoms:

Besides the ropey, knotted, purple or blue unattractive veins, someone who has varicose veins may also experience one or more of the following appearances and leg symptoms:



- ◆ Pain in legs with a feeling of tiredness and heaviness
- ◆ Swelling of the ankles or lower legs
- ◆ Discolored, brownish skin near the ankle
- ◆ A rash or skin ulceration at the ankle or lower leg
- ◆ Visible enlarged veins
- ◆ Knotted, twisted veins tending to be deep bluish in color
- ◆ Skin surrounding the varicose vein may itch or burn

Proper diagnosis is key! If left untreated, varicose veins can lead to swelling, increased pain, skin discoloration, and ulcerations of the lower legs. These ulcerations are difficult to treat and can become painful and easily infected. Because the development of varicose veins is usually progressive, early diagnosis and treatment is extremely important. While there is no way to turn a varicose vein back into a healthy vein, there are treatments that can redirect the blood flow, thereby relieving the problems associated with varicose veins.

Spider Vein Appearance and Symptoms:

Spider veins are usually red, blue, or purple veins that are the size of a hair. They appear in sunburst, spider, or tree branch-like patterns that cover a small area or an entire leg. They usually do not cause symptoms, however, symptoms which may be associated with spider veins can include:



- ◆ Dull, generalized aching
- ◆ Throbbing pain
- ◆ Burning tingling
- ◆ Complaints may worsen with menstruation and warmer weather

Spider veins, while not preventable, are easily and effectively treated by laser therapy and sclerotherapy injections. Again, begin with a proper diagnosis!

At Wisconsin Vein Center & MediSpa, we perform an extensive vein screening, and if needed, a standing ultrasound of the legs prior to treatment. This ultrasound is painless, done right at our facility, and gives our medical staff a detailed road map of our patients' leg. These steps are done so that we can formulate an individualized treatment plan for each individual.

Don't let your legs hold you back any longer.

Call (262)746-9088 to set up your vein screening today!